



# Bull Creek Primary School

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Newsletter No: 2

Thursday, 22nd February 2007

## SWIMMING TRAINING A BIG HIT!!

Students are making a big splash at Zest on Tuesday mornings!

The two training sessions have seen over 35 students taking the early morning plunge with volunteer coaches, Terri Dival, Steve Young, Ben Tisdale and Steve Pascoe (from Zest)! This is another great example of the Bull Creek community spirit.

The sessions have been organised to improve the stamina and technique of our swimmers in preparation for our Faction

Swimming Carnival and Interschool Swimming Carnival, both of which will be held later this term. Early indications demonstrate that we have an enthusiastic bunch of swimmers ready to strive for their best at these events.



Our wonderful Canteen Manageress, Pauline Hough and her helpful volunteers have also made Tuesday an early start to provide swimmers with a breakfast on their return to school. The Canteen is providing cheesies and juice. Once again, a **BIG THANK YOU** to these volunteers.

If you would like details of swimming training, please contact Mr Fletcher.



## *From the Principal's Desk*

### **Learning**

I'd like to draw your attention to the article included with this newsletter. Over the last few years I have taken a significant interest in how the brain learns. This interest was stimulated when I attended a conference on the importance of the early years (0-4 years).

As a school principal and a recent father, I hooked into the notion that if we, as adults, both parents and educators, could understand more about the developments that our children go through, we could, hopefully, better provide for them to ensure they have the best chance to be successful.

I have included an article on "Parenting with the Brain in Mind" which talks about the concepts we hold, how they are developed and how these concepts have emotions attached to them. I hope you enjoy the read. I would be interested in any feedback you have and whether you would like me to continue to include these, perhaps two per term. My email address is [stephen.lee@det.wa.edu.au](mailto:stephen.lee@det.wa.edu.au)

### **Undercover Area**

The work in the Undercover Area is due to start this term. When I have more information about exactly when this work will commence, I will communicate that to you all.

### **Fixing Our Schools**

I was pleased to be informed earlier this week that the school will receive close to \$60000 under the State Government's "Fixing Our Schools" program. The money will be spent throughout the course of the year after consultation with the Department of Housing and Works and the School Council.

### **P&C**

Congratulations to all those who were elected to office positions at Monday's P & C Annual General Meeting. I look forward to working with you throughout the course of the year.

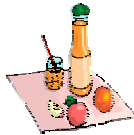
### **Canteen**

Pauline Hough has asked for student input into what should be included on the Winter Menu for Term 2. Classes will be working on coming up with some ideas to present to Pauline over the next few weeks. Please support Pauline by discussing ideas at home, perhaps an ideal time would be over dinner or lunch on the weekend.

**Stephen Lee**

## SNACK SHACK NEWS

Hello I'm Chez Tosolini and I have agreed to take up the position of Canteen Coordinator reporting to the P&C Committee.



The canteen is always abuzz with activity and we are fortunate to have such a warm and friendly atmosphere to work in. Pauline and Helen do an amazing job with the wonderful support of parent volunteers.

The canteen committee holds meetings every term with the next meeting held in the Staff Room on Tuesday, 27th February from 2.00-3.00pm. We will be discussing the Winter Menu and brainstorming ideas for Fruit and Veg week.

Please join us as we help our canteen managers in their mission to provide healthy, yummy and interesting lunches for our children.

Your help would also be very welcome at the Canteen...so why not come and see how the Canteen operates, make some sandwiches or burgers, meet the children of our school and be rewarded with the smile on your own child's face.

### Chez Tosolini Canteen Coordinator

The following are on roster for the week commencing Monday 26th February :

Mon 26/2	9am-11am Jeanie F <b>9am-11am Help Needed</b> 11am-1pm Kirsten S <b>11am-1pm Help Needed</b>
Tue 27/2	9am-11am Kerrie Rudrum 9am-1pm Chez T <b>11am-1pm Help Needed</b>
Thu 1/3	9am-1pm Kay R <b>9am-11am Help Needed</b> <b>11am-1pm Help Needed</b>
Fri 2/3	9am-1pm Lyn H 9am-11am Judy C <b>11am-1pm Help Needed</b>

Help is very much needed this term. Our roster is not looking healthy! Please consider one shift at least! Thank You!

### Pauline Hough Canteen Manageress

## MESSAGE FROM THE SCHOOL NURSE Parents of Children in Pre Primary/Year 1

Students who did not receive the recommended 4 year old **hearing and vision** screening last year, are eligible for this service in 2007.

If you would like your child assessed, a health assessment consent form can be obtained from the front office.



## OUR FRIENDLY SCHOOL "OUR GOALS FOR OUR FRIENDLY & SAFE SCHOOL"



Schools throughout Australia and worldwide are increasingly recognising the need to address bullying, resilience, social skills and self-esteem.

Our school has implemented the Friendly Schools & Families Program to make our school a 'Friendly School'. This program is based on six years of rigorous scientific research with over 6000 school students, their parents and teachers. It is one of a few evidence-based programs designed to improve social skills and reduce bullying in Australian schools. The aim of the program is to help schools and parents prevent bullying. This will include a review of our school bullying policy, introduction of activities to prevent or reduce bullying, strategies to help students cope with bullying and the development of social skills and resiliency factors.

Some of the goals that we will be working towards include:

- *Providing all students with opportunities to develop and practise getting along with other children through classroom learning activities;*
- *Creating a more positive social environment within our school which actively discourages bullying;*
- *Modification of the school grounds and supervision during recess and lunch times to discourage bullying;*
- *Continuing to encourage all staff, students and parents to treat all school community members with respect and tolerance;*
- *Implementing a clearer and more consistent approach to managing reported bullying incidents; and*
- *Providing parents with resources and strategies to help them communicate more effectively with their children about bullying.*

## NEWS FROM THE SCHOOL NURSE BEDWETTING

Lack of control of the bladder while asleep is a common problem in children. However, if your child is still wetting the bed around the age of six, there is help available. After this age continuous bedwetting may cause emotional stress, concern and frustration, leading to a lack of confidence and low self-esteem.

A bedwetting clinic is available at Hilton Community Health Centre. There is a charge of \$10 per week for the hire of equipment and regular counselling is given to the parent and child. Reduction is available for Health Care Card holders.

The treatment lasts from 6 to 8 weeks. The success rate is about 90%.

For more information, you can contact Dorothy Wilson, the Community Nurse, on Thursdays between 8.30am and 4.30pm - telephone 9337 2528.




# CALENDAR OF EVENTS



<b><u>FRI 23RD FEB</u></b>	<b><u>MON 26TH FEB</u></b> School Council Meeting	<b><u>TUE 27TH FEB</u></b> Swimming Training - Yrs 4-7 at AquaZest Bull Creek - 7.15am	<b><u>WED 28TH FEB</u></b>	<b><u>THUR 1ST MAR</u></b> Assembly - B4  Guitar - Year 6 students start at 11.00am - 11.30am Year 7 students start at 11.30am - 2noon
<b><u>FRI 2ND MAR</u></b>	<b><u>MON 5TH MAR</u></b> LABOUR DAY HOLIDAY	<b><u>TUE 6TH MAR</u></b> Swimming Training - Yrs 4-7 at AquaZest Bull Creek - 7.15am	<b><u>WED 7TH MAR</u></b>	<b><u>THUR 8TH MAR</u></b> Newsletter  Junior Hockey Clinics (am)  Guitar - Year 6 students start at 11.00am - 11.30am Year 7 students start at 11.30am - 12noon

**BULL CREEK LEEMING JUNIOR FOOTBALL CLUB**  
Registration Day for the 2007 Football Season will be held at Beasley Oval, Beasley Road, Leeming on **Sunday, 25th February 2007 from 9am to 1pm.**  
Auskick registrations for 5 to 8 year olds will also be taken.  
Enquiries to Cosette Halden on 9414 6592 or 0410 564 227.




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For their sponsorship of 4 Paper Recycling Bins!

