



Friday, 27 May 2022  
Newsletter No: 3



**INDEPENDENT PUBLIC SCHOOL**

# **NEWSLETTER**



Phone: 6216 4400

Website:

[www.bullcreekps.wa.edu.au](http://www.bullcreekps.wa.edu.au)

Email:

[bullcreekps@education.wa.edu.au](mailto:bullcreekps@education.wa.edu.au)

SCHOOL WATCH: 1800 177 777



## FROM THE PRINCIPAL'S DESK



Dear Parents & Carers,

Firstly I would like to thank the Bull Creek staff for being so flexible and accommodating throughout this term as the school has experienced high absenteeism for both staff and students. I would also like to thank families for informing the school about COVID and following the WA Health guidelines.

This term we have restored extra activities and events as the Health Guidelines eased. The students have been able to participate in the Worm Farm incursion, CRE/BRE, Fit Club, Senior Sports and Choir. The later half of this term is also extremely busy with Constable Care Bike Safety excursion for our Years 1 & 5 students, the upcoming Life Education incursion and Swimming Lessons. I would like to thank Mrs Owen for coordinating and organising the swimming lessons, it is a difficult task to ensure timetables cater for all students and have minimal impact on their daily school day.

NAPLAN has been particularly hard this year with so many students acquiring COVID during the testing period. The School Curriculum and Standards Authority (SCSA) recognised this and for the first time extended the testing period for an extra week. I would like to thank Mrs McCarthy for her tireless work coordinating NAPLAN, testing students and conducting lots of additional catch-up tests.

Last week the school participated in National Walk to School Day. Despite the weather being rainy we had a good turnout of students and parents keen to walk to school. Thank you to Janelle and Nicky for organising free fruit from Bull Creek Woolworths. The students loved their piece of fruit at the end of the walk which also ties in nicely with us being a Crunch-n-Sip school, as we are promoting healthy lifestyle choices at Bull Creek Primary. Thank you to Mrs McCarthy for coordinating this event and creating posts to win us Your Move points.

The P&C have been able to resume funding and extra activities this term. I would like to thank the executive and members for their contributions to the school and working hard to raise money for school focus areas. The Mother's Day stall was a big success this year with succulents being the gift of choice. The school is encouraging sustainability practices and this gift idea was perfect. Thank you to Chris Hodson for accessing and potting up all the plants and thank you to all other parents that were rostered on to assist each class with their purchase.

Last weekend the P&C hosted the 'Democracy Sausage Sizzle' stall which was very popular this year and with the new location outside the snack shack they were able to capture more buyers. Organising the stall and preparing required countless hours from multiple P&C members before and during the election day stall and the school would like to thank you for giving up your personal time in support of our school.

This week was National Sorry Day and Reconciliation Week, and this year's theme is Be Brave, Make Change. The school is working on being more culturally responsive and we are making steps to move forward and learn more about Aboriginal and Torres Strait Islander histories, culture and people. Recently, the school installed the Torres Strait flagpole as part of our journey. Thank you to Dr Jags for contributing to installation costs of the flagpole, your generosity is appreciated.

Kind regards  
Sharon Marchenko



## CHAPLAIN CHAT



### You Can't Pour From An Empty Cup

Bull Creek Primary School Parents and Caregivers, we are halfway through the term and that means it's time for some Time Out!

With all that is going on in our lives, it is important to administer some self-care to fill up your cup. What does that look like for you?

Coffee with your friends, a yoga class, a job, a walk in the bush...

Fill up your cup so that you can continue to be amazing parents and caregivers to your wonderful kids.



## SCHOOL NEWS

### READING RANGERS

We are delighted that Reading Rangers has commenced once again in our school.



This program involves the Year 6 school Leaders and Year 1 and 2 students reading together and forming friendships.

The library is alive and buzzing every morning before school with around 35 children happily reading together.

### SEMESTER 1 REPORTS

Student reports will be emailed to families at the beginning of week 10. In order to receive your child's report, please ensure that the school has your current email address.

The reports need to be printed or downloaded and saved as the link only lasts for four weeks.

### PYJAMA DAY DRESS UP

On Thursday 26 May the students had a uniform free day and were able to wear their pyjamas to school as part of the Year 6 Leavers Fundraising. Everyone enjoyed the comfort and novelty of wearing pyjamas to school.



## SCHOOL NEWS

### *What is Be You?*

Be You is a national initiative for educators, aimed at promoting and protecting positive mental health in children and young people. Our vision at Bull Creek Primary School is for an education system in which every learning community is positive, inclusive, and resilient, and where every young person, staff member, and family can achieve their best possible mental health.

### *What is an Action Team?*

The most effective approach to mental health prevention and promotion is one that involves the whole learning community – including leaders, educators, children and young people, families, and the wider local community. We call this a ‘whole learning community approach’. An Action Team is a group of individuals within a school which leads the implementation of the whole learning community approach to Be You. The Action Team works together with the wider learning community to ensure Be You is tailored to meet the needs of your learning community. In 2021 Bull Creek Primary School formed a Mental Health Action Team. The members include the school administrative team, teachers, allied professionals, parents, and members from the wider community.

### *Family Partnerships*

Our aim at Bull Creek Primary School is to partner with families which is considered a key factor supporting positive mental health outcomes. Working with families helps to support children and young people’s social and emotional wellbeing, learning and development opportunities during unplanned activities and conversations.

We also aim to assist families by supporting and promoting mental health and well-being. We believe it is important to assist families to understand the importance of mental health and wellbeing, and to develop appropriate strategies at home. Educators can also collaborate with families to support children and young people experiencing mental health issues and conditions.

### *Action Team Members*

This newsletter we will be introducing three of Bull Creek Primary School’s Be You Action Team members.

Dr. Deena ~~Ashoorian~~ has been a member of the Baha’i RE teaching team at Bull Creek Primary School for 12 years and is an academic/ educator at UWA in the School of Allied Health. (Community member)

Farah Zaidi is a mental health professional and currently works as a counsellor. Farah is a parent from our school. (Parent Member)

Sue Bolton is a teacher at Bull Creek Primary School and is currently teaching Year One. (Be You Action Team Leader)





## SCHOOL NEWS

### BE YOU ACTION TEAM

I have had an interest in Mental Health for many years and have completed a Bachelor of Education with a major in Psychology. While childhood and adolescence are known periods of increased risk for the development of mental health conditions, evidence suggests that mental health promotion during this age period can both foster protective factors and reduce the risk of mental health conditions developing.

With half of all mental health conditions occurring before the age of 14, and most young people spending a large proportion of their time in learning settings, early learning services and schools should be viewed as invaluable settings for mental health and wellbeing initiatives.

It is a privilege to be part of the Bull Creek Be You Action team and I look forward to assisting with establishing a whole learning community approach to mental health and wellbeing



**Sue Bolton**



**Fara Zaidi**

I am a mental health professional and currently work as a counsellor and in psychosocial support. My personal approach is person-centered, working from a humanist perspective to understand an individual, their relationships and worldview. Having worked in the healthcare sector for more than 15 years at various locations, I have been fortunate to work with people and children from diverse cultural backgrounds and ethnicities.

I am a member of the Australian Counselling Association (ACA) and my qualifications include a Bachelors in Dentistry and a Grad. Dip. in Counselling.

Being a mother of two young boys I am mindful of the challenges faced by children in today's fast paced world and passionate about providing each child a non-judgemental, compassionate and safe space to flourish and realise their full potential.

My name is Deena Ashoorian and I have been a member of the Baha'I RE teaching team at Bull Creek Primary School for 12 years. I am passionate about the moral and spiritual education (an area that is often neglected) and very much value the commitment the school has made all these years in creating a space for this extra training for interested children and families. Being of service in this capacity has been a joyful experience; I have gained as much from the kids and the school community as I have given back.

My professional background is in health and I practiced as a pharmacist for 20 years in the US and Australia and am now an academic/educator at UWA in the School of Allied Health. My area of expertise is mental health, early intervention and treatments.

The combination of my two interests, children and mental wellbeing, has been the motivation to serve as the community representative on the Be You Action Team.



**Dr Deena Ashoorian**



## SCHOOL NEWS

### LANGUAGES

B6 explored the exciting world of science during one of their German lessons this term. With help from the Digitale Kinder Uni, they attended a short lecture about how balloons are made. They watched a short technical film in German, extended their active and passive vocabulary, formulated their ideas and opinions, and of course, took part in some experiments.



## SHEOAK 6

The students in S6 have demonstrated resilience and flexibility as they have had a number of changes to start Term 2, including NAPLAN scheduling and Mrs Pinker being unwell unexpectedly. They have risen to the occasion with fantastic reports being received from relief staff.

One challenge they have faced was combining their Design and Digital Technologies understanding to design a self-supporting bridge that would span at least 50cm. They then had to code the Sphero robots to cross the bridge, without falling off, and to stop on the other side. There were some fantastic designs achieved with persistence, excellent teamwork and communication skills. All the design teams were proud of their efforts on this intricate task and reflected on what they could improve next time.





## SCHOOL NEWS

### WATTLE 5

#### **Road Safety Week**

Road Safety Week in Australia is held from the 15th to the 22nd of May.

The children in Wattle Five have been learning about passenger, pedestrian and road safety. We have focused on safe pedestrian practises such as crossing roads under adult supervision, identifying road signs and signals relevant to pedestrians, practising the stop, look, listen and think procedures when crossing roads and identifying and responding to unsafe situations. Our class is looking forward to visiting the Constable Care Safety School where the children will explore real-life transport risks and practice road, pedestrian, bike and public transport safety skills in a safe, realistic urban environment.

We hope you enjoyed our Class Assembly item which highlighted keeping safe on the roads.



#### **SunSmart School**

Wattle Five have been learning about the importance of sun safety.

We have learnt that to be sun safe, we need to use all five SunSmart steps:

- ◆ Slip on covering clothing
- ◆ Slop on SPF 30 (or higher), water-resistant sunscreen
- ◆ Slap on a hat
- ◆ Seek shade
- ◆ Slide on some sunglasses

We recently entered the SunSmart Book competition and had great fun designing posters. These are some of our posters.





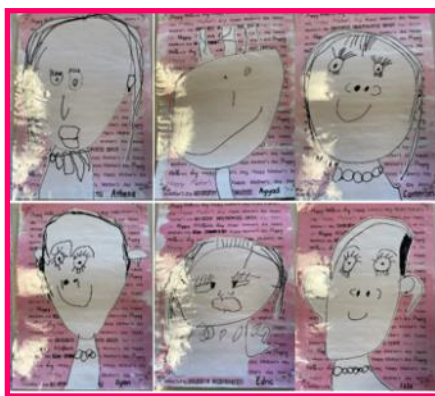


## SCHOOL NEWS

### WATTLE 10—Kindergarten Koalas



We love our Mums



## Fremantle Language Development Centre



Please note this event will be subject to the COVID-19 advice at the time

### FLDC Open Morning for Prospective Students in 2023

We would like to invite you to visit our school and learn how our early intervention program and services can assist your child. There will be an opportunity to speak to specialist staff, visit classrooms and see our students learning in their classes.

When: Tuesday 31st May 2022

Time: 9:30am - 10:30am

Where: Fremantle Language Development Centre,  
Willagee campus - 24 Winnacott Street, Willagee

Please call to register your attendance or request further information.

Telephone: 9312 4850

Email: [Fremantle.LDC@education.wa.edu.au](mailto:Fremantle.LDC@education.wa.edu.au)

If you would like more information, please watch our school information video on our school website. This can be found on our school website homepage:  
[www.fremantlelfdc.wa.edu.au](http://www.fremantlelfdc.wa.edu.au)

We ask that no children attend this session please.



Fremantle Language Development Centre provides targeted, intensive language and academic intervention for students with a primary language disorder. This specialised and supportive environment focuses on the social, emotional and academic growth of students from Kindergarten to Year 3.





## SCHOOL NEWS

### LIFE EDUCATION PARENT SESSION



*All parents, care-givers,  
school staff and  
community members  
welcome*

**Come and see what we have been doing at your School:**

- Have a chat about Life Education Programmes and other health issues with our educators.
- Have a look at the student workbooks
- Access a range of health and drug information pamphlets and information sheets.

**Date: Friday 17 June**

**Time: 8.30-9.00**





## DATES FOR YOUR DIARY

### Term 2 - Week 6

Monday, 30 May	Constable Care Excursion—Year 5
Tuesday, 31 May	Constable Care Excursion—Year 1
Friday, 3 June	PD Day—NO SCHOOL TODAY

### Term 2 - Week 7

Monday, 6 June	WA DAY —NO SCHOOL TODAY
Tuesday, 7 June	P&C Meeting

### Term 2 - Week 8

Monday, 13 June	Life Ed Van Incursion
Tuesday, 14 June	Life Ed Van Incursion
Wednesday, 15 June	Life Ed Van Incursion
Wednesday, 15 June	Board Meeting
Thursday, 16 June	Life Ed Van Incursion
Friday, 17 June	Life Ed Van Incursion

### Term 2 - Week 9

Monday, 20 June	In term swimming
Tuesday, 21 June	In term swimming
Tuesday, 21 June	Better Beginnings—W8 & W9
Wednesday, 22 June	In term swimming
Thursday, 23 June	In term swimming
Thursday, 23 June	Better Beginnings—W10
Friday, 24 June	In term swimming
Friday, 24 June	Winter Carnival

### Term 2 - Week 10

Monday, 27 June	In term swimming
Tuesday, 28 June	In term swimming
Wednesday, 29 June	In term swimming
Thursday, 30 June	In term swimming
Friday, 1 July	In term swimming
Friday, 1 July	LAST DAY OF TERM

Proud to be a  
**Waterwise  
School**



**Mulch, mulch, mulch**  
Mulch is like sunscreen  
for the soil. It reduces  
evaporation and makes  
your garden look great.





## BCPS P&C NEWS

Email: [bcpspandc@outlook.com](mailto:bcpspandc@outlook.com)

Facebook: [www.facebook.com/BullCreekPrimarySchoolPC](https://www.facebook.com/BullCreekPrimarySchoolPC)

### NEXT P&C MEETING

**6.30PM 7 June 2022 at the School Library & online via Teams**

#### ANNOUNCEMENTS

Thank you to Mrs Marchenko, Mrs Mac, Mrs Owen and the staff at school for putting on a delightful morning tea last Friday for P&C day. The members of the P&C appreciate your gratitude and those who were able to attend enjoyed the treats.

Thank you to everyone who either donated their time or delicious baked goods to our election day 'democracy sausage' sizzle. We **raised \$1500**, which will be put towards items such as iPads, and possible refurbishment of the Snack Shack.

Thanks also to the committee members who donated their time for the Mother's Day stall at school on Friday May 6th. We raised **\$800** and enjoyed watching the kids choose something special for their mums. A special thanks to Chris Hodson for planting the beautiful succulents and keeping them healthy in the weeks leading up to our stall.

#### BOOK CLUB

The 'Boomerang Bags' are hand sewn by parents at school. We need them to Boomerang back to us, if you have any bags at home please return them to the office.



#### UNIFORM SHOP

Apologies from the uniform shop, we are waiting on a number of orders to arrive. Some items have been on back-order since February. In some sizes, we are no longer selling fleece jackets as we have transitioned to the fleece jumper (Size 4 & 6 at this stage, Size 8 is on order).

#### FATHERING PROJECT – BUSH WALK

The second Kalamunda walk was great fun for all who attended. The next event is a Bibra Lake walk, currently proposed for Sunday June 12th.



#### CANTEEN

In April we said goodbye to Carrie in the canteen as she found full time work elsewhere. Thanks Carrie for all your hard work in the canteen! Olivia Watling has been appointed as the new canteen assistant, welcome Olivia!

Thank you to all the regular canteen volunteers. We still need a few more people for regular shifts. Please consider helping. Contact Kylie in the canteen if you can assist.

Don't forget our current canteen specials on Monday include sushi and the winter warming pasta bolognese with garlic bread. On Wednesdays you can order a delicious chicken teriyaki and rice!





## P&C FUNDRAISING & EVENTS 2022

The P&C has partnered with Wise Wine to provide our latest fundraiser. You can order wine with a **20% discount** from Wise for delivery straight to your door.

**The P&C receives 20% of the sales back to support our school!!**

Head to [www.wisewine.com.au/wines](http://www.wisewine.com.au/wines) and enter the coupon code **BCWINE22** at the checkout to gain your discount and support our school. This code is valid until June 20th.

Feel free to share the coupon code with friends and family, the more orders Wise Wine receives, the more money the P&C will receive!



Save the date!  
Our next event  
will be the  
school disco in  
term 3, Friday  
August 5th.

## Containers for Change – 10c drink containers

Blue drink  
container  
recycling bins  
are located in  
and around the  
school. Any 10c  
refundable  
containers  
placed in these  
bins contribute to the P&C.



Bring in containers from home and put them in the bike locker bins, or the bin located in the kindy/PP area. Only aluminium cans, plastic and glass drink containers with the 10c refund logo on them should be placed in the bin. Preferably rinsed with no straws or lids.

## Gilberts -Southlands

Thank you to Gilberts for their ongoing support of our school.

Support local and buy your fruit and vegetables from Gilberts at Southlands. 1% of all sales goes to the P&C. To register, ask when you make your next purchase at Gilberts.



The P&C always welcomes new members! We are a diverse bunch of parents, who all want the best for our children at this wonderful school. If you can spare any time to attend the next meeting, please do. It's amazing what you might find out!



P & C NEWS

We are fundraising with



CELEBRATE A MONTH OF MUM BECAUSE...

**Every mum deserves more!**

Get a **BONUS**  
**\$20 or \$40**  
eGift Card\*



Support us, buy an  
Entertainment Membership and get a  
**BONUS \$20 or \$40 eGift Card!**\*

**SUPPORT US & BUY NOW**

<https://www.entertainment.com.au/orderbooks/860z42>

**Offer ends 31 May 2022**





## COMMUNITY NEWS

### 'FREO BUILDS 2022' SCHOOL COMPETITION

Closing date: Monday 6 June 2022, 5 pm

**THIS IS  
FREMANTLE**



#### WA primary school students...

#### Show us what Fremantle's icons look like through your eyes!

We're asking you to let your imaginations run wild and redesign some of Freo's icons for the chance to win the 'Ultimate Kids Excursion to Fremantle' for your whole class\*!

We'll bring six imaginative design ideas to life as LEGO® creations by some of Perth's best builders. You could see your idea displayed as a colourful, creative LEGO® art piece in Fremantle during the July school holidays. Visitors to Fremantle who take part in the Freo Builds Trail will vote for the winning design build.

#### How do you imagine Fremantle's icons?

Tourist Wheel



Dingo Flour Shed



Lighthouse



Port Cranes



Fishing Boat



Submarine



#### It's easy to enter!

1. Choose one of these six Fremantle icons and imagine how it could be completely different!
2. Draw your imaginative idea by hand or via a sketch app, tell us about your design in a couple of sentences, and complete the rest of your entry form details.
3. Submit your completed entry to [schoolholidays@fremantle.wa.gov.au](mailto:schoolholidays@fremantle.wa.gov.au) or place it in the entry box at either the Fremantle Visitor Centre or Toyworld Fremantle by 5 pm on Monday 6 June 2022.

#### Need some inspiration?

Get your creativity flowing—check out [visitfremantle.com.au/article/freobuilds](https://visitfremantle.com.au/article/freobuilds) for more information and a wild example to get your creative juices flowing.

**\*Terms and conditions apply.** Competition is open to all students from kindy to year six in Western Australia. For more information [visitfremantle.com.au/article/freobuilds](https://visitfremantle.com.au/article/freobuilds).





## COMMUNITY NEWS

**'FREO BUILDS 2022' SCHOOL COMPETITION | Entry form**  
**Closing date: Monday 6 June 2022, 5 pm**

**THIS IS  
FREMANTLE**



Date: \_\_\_\_\_

**Parent/Guardian**

Name: \_\_\_\_\_ Postcode: \_\_\_\_\_  
Mobile: \_\_\_\_\_ Email: \_\_\_\_\_

**Student**

Name: \_\_\_\_\_ Age: \_\_\_\_\_  
Primary School: \_\_\_\_\_ Postcode: \_\_\_\_\_

I confirm that I \_\_\_\_\_ am the parent/legal guardian of \_\_\_\_\_  
and I hereby consent to the above child participating in the Freo Builds 2022 competition. I have provided  
contact details above, confirm all details are correct and I am able to give parental consent for my child to  
participate in the competition.

Name: \_\_\_\_\_ Signature: \_\_\_\_\_

**Which Freo icon are you redesigning? Only tick one box.**

Tourist Wheel ☐ Lighthouse ☐ Fishing Boat ☐  
Dingo Flour Shed ☐ Port Cranes ☐ Submarine ☐

**Draw your design below or via a sketch app:**

**Tell us about your design in a sentence or two:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Submit your completed entry form to [schoolholidays@fremantle.wa.gov.au](mailto:schoolholidays@fremantle.wa.gov.au) or place it in the entry box at  
either the Fremantle Visitor Centre or Toyworld Fremantle.

**\*Terms and conditions apply.** Competition is open to all students from kindy to year six in Western Australia.  
For more information [visitfremantle.com.au/article/freobuilds](https://visitfremantle.com.au/article/freobuilds).



## COMMUNITY HEALTH NEWS



**Want to prepare  
your kids for a  
healthy future?**

# BETTER HEALTH PROGRAM

The *Better Health Program* is a **free**, 10-week program for you and your child. Topics include physical activity, nutrition and forming positive habits.

**The program comes in two formats**

**Online** – where you do fun, online sessions with your child and have weekly calls with a health coach.


**Face to face** – where you attend 2-hour group sessions, once a week. These include family learning sessions and physical activity for your child.

On both programs, you receive a bunch of **great freebies**, and a **reward** at the end!

  [@betterhealthprogram](https://www.instagram.com/betterhealthprogram)

**BETTER HEALTH CO.**

**Sign up today!**

 [www.betterhealthprogram.org](http://www.betterhealthprogram.org)

 1300 822 953



Government of Western Australia  
Department of Health

The Better Health Program is funded  
by WA Department of Health.



## COMMUNITY NEWS



# BOOK NOW TO SAVE 30%\*



## USE CODE **ASC30**

TO REDEEM ADD THIS CODE IN THE COUPON SECTION TO SAVE \$99\*

- HIGH QUALITY PROGRAMS FOR 5-15 YEAR OLDS
- 9AM – 3PM EACH DAY
- EXPERT & QUALIFIED COACHES
- FOR CHILDREN OF ALL SKILL LEVEL'S
- BRING FRIENDS AND WE WILL GROUP YOU TOGETHER!



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**MOUNT LAWLEY | JOLIMONT | MOUNT CLAREMONT**



1300 914 368

[admin@australiansportscamps.com.au](mailto:admin@australiansportscamps.com.au)

<https://australiansportscamps.com.au>

\*NOT APPLICABLE TO PARTNER PROGRAMS\*





## COMMUNITY NEWS



### HOLIDAY CAMPS

WILLETTON BASKETBALL ASSOCIATION RUNS FUN & ACTIVE CAMPS DURING THE JANUARY, APRIL, JULY AND SEPTEMBER SCHOOL HOLIDAYS. THESE CAMPS ARE OPEN TO ALL SCHOOL AGED KIDS 6 AND OVER, PROVIDING AN ACTIVE, ENJOYABLE AND SOCIAL ENVIRONMENT FOR YOUR CHILD DURING THE SCHOOL BREAKS. EACH CAMP AIMS TO HAVE A COACH TO PLAYER RATIO OF 10 TO 1 OVER THE WEEK, WITH KIDS ON COURTS BASED ON AGE AND SKILL. CAMPERS DO MULTI SPORTS, PLUS HEAD TO HOYTS ON THEIR FINAL DAY TO WATCH A MOVIE. COST OF MOVIE & COMBO (CHOC TOP OR POPCORN AND DRINK IS INCLUDED IN THE COST OF THE CAMPS.

#### JULY 2022 SCHOOL HOLIDAY CAMP

Book here:

WEEK 1 Holiday Camp - 9 years and under (min 6 years)

<https://www.playhq.com/basketball-wa/register/ccbda7>

Book here:

WEEK 2 Holiday Camp - 9 years and over

<https://www.playhq.com/basketball-wa/register/b9674a>

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The camp days are usually structured as follows:

#### Morning session (Basketball)

- Skills
- Games
- Competitions

A daily mid-morning snack is provided (biscuits and fruit) and children wishing to purchase lunch will be able to order from our Brand New Tigers Cafe. Orders are placed and collected by Stadium Staff.

#### Afternoon session (Indoor Sports)

- Tee-ball
- Indoor Cricket
- Badminton
- Table Tennis

At no additional cost, each camper will visit Hoyts on the final day - each child will get a free drink and popcorn.